

Lundi	18:00 - 19:00 Pole crazy - FIRST Tatiana	19:05 - 20:05 Pole crazy - SENSATION Manon ou Caroline	20:10 - 21:10 Pole technique - FIRST Annaline
Mardi	17:30 - 18:30 Pole-Combos dès Sensation Julie S	18:35 - 19:35 Souplesse Sonia D	19:40 - 20:40 Pole technique - EMOTION Sonia D
Mercredi	16:55 - 17:55 Renforcement Amandine	18:00 - 19:00 Pole technique - EMOTION Amandine	19:05 - 20:05 Pole crazy - FIRST Alice
Jeudi	17:30 - 18:30 Pole kids Marine P	18:35 - 19:35 Pole technique - SENSATION Julie S	19:40 - 20:40 Practice Stéphane